

The Seven Sacraments

Biblical roots of selected Catholic doctrines. Scripture and Sacred Tradition transmit one deposit of faith (CCC 80–83, 97).

Baptism

Regeneration by water and the Spirit

- 1. **John 3:5** 1215, 1257
Born of water and the Spirit
- 2. **1 Pet 3:20–21** 1094, 1219
Baptism saves through Christ risen
- 3. **Acts 2:38–39** 1226, 1252, 1262–1263
Baptized; promise to you and children
- 4. **Titus 3:5** 1215
The washing of regeneration
- 5. **Rom 6:3–4** 1227, 628
Buried and raised with Christ
- 6. **Acts 22:16** 1226
Be baptized, wash away your sins
- 7. **Mark 16:16** 1257
Believes and is baptized: saved
- 8. **Gal 3:27; 1 Cor 12:13** 1243, 1267
Clothed with Christ; made one body
- 9. **Col 2:11–13** 1227, 527
Buried, raised, forgiven in Baptism
- 10. **Eph 5:26** 1228
Cleansed by washing with water
- 11. **Matt 28:19** 1223, 1276
Baptize in the Triune name
- 12. **Rom 5:12, 18–19** 402–404, 1250
Adam brings sin; Christ brings life
- 13. **Acts 16:15, 33; 18:8; 1 Cor 1:16** 1250–1252
Whole households baptized; ages unstated [A]

Old Testament roots

- 1. **Gen 1:2** 1218
The Spirit over the waters [T]
- 2. **Gen 7:17–23** 1094, 1219
Flood: saved through water [T]
- 3. **Exod 14:21–31; 1 Cor 10:1–2** 1094, 1221
Red Sea: Paul's baptism type [T]
- 4. **2 Kgs 5:14**
Naaman cleansed in the Jordan [T]
- 5. **Ezek 36:25–27** 1215, 1287
Clean water; new heart; God's Spirit [P]
- 6. **Gen 17:7–14** 1150
Male infants receive the covenant sign [T]
- 7. **Lev 14:8–9; Num 19:17–19**
Water washes away ritual impurity [T]

Baptism forgives sin and gives new life in Christ (1262–1267). Infants share its freely given grace; covenant and household texts illuminate this practice (1250–1252).

Confirmation

Sealed with the gift of the Holy Spirit

- 1. **Acts 8:14–17** 1288, 1315
Baptized; hands laid; Spirit given
- 2. **Acts 19:5–6** 1288
Paul lays hands; the Spirit comes
- 3. **Heb 6:2** 1288
Laying on of hands: foundational
- 4. **Acts 2:1–4, 38** 731, 1287
Pentecost; the promised gift
- 5. **2 Cor 1:21–22** 1296
Anointed and sealed by the Spirit [A]
- 6. **Eph 1:13; 4:30** 1296, 1304
Sealed with the promised Spirit [A]
- 7. **Acts 9:17–18** 699
Hands laid; Spirit promised; Baptism [A]
- 8. **Acts 10:38** 438, 1289
Jesus anointed with the Spirit [A]
- 9. **John 1:32–34** 536, 1286
The Spirit rests on Christ; he baptizes in the Spirit [A]
- 10. **John 14:16, 26; 16:7–15** 692, 729
The Paraclete promised
- 11. **Acts 1:8** 1302–1303
Spirit-given power to bear witness [A]

Old Testament roots

- 1. **Isa 11:1–3** 536, 712, 1286, 1831
Messiah's Spirit and seven gifts [P]
- 2. **Joel 2:28–29** 715, 1287
I will pour out my Spirit [P]
- 3. **Isa 61:1** 714, 1286
Anointed by the Spirit of the Lord [P]
- 4. **1 Sam 10:1, 6; 16:13** 436, 695
Kings anointed; Spirit comes [T]
- 5. **Exod 29:7–9; Lev 8:12** 1150
Anointing with oil consecrates [T]

Confirmation deepens baptismal grace and strengthens witness (1285, 1303). The seven gifts follow the Greek/Latin reading of Isa 11:2–3 (1831).

Eucharist

The Real Presence and the sacrifice of the New Covenant

- 1. **John 6:51–69** 1336, 1374, 1384, 1406
Eat his flesh, drink his blood: life; many disciples leave
- 2. **Matt 26:26–28; Mark 14:22–24** 1339, 1376
This is my body; this is my blood
- 3. **Luke 22:19–20** 611, 1339, 1365
Given for you; do this
- 4. **1 Cor 11:23–26** 610, 1339
Paul hands on the institution
- 5. **1 Cor 11:27–29** 1385
Guilty of the body and blood
- 6. **1 Cor 10:16–17** 1331, 1396
Communion in Christ; one bread, one body
- 7. **1 Cor 10:18–21** 1382–1383
Israel's altar and the Lord's table [A]
- 8. **1 Cor 5:7–8** 613, 1364
Christ our Passover; keep the feast [T]
- 9. **Luke 24:30–31, 35** 1329
Recognized in the breaking of bread [A]
- 10. **Heb 13:10** 1182, 1383
We have an altar [A]
- 11. **Acts 2:42; 20:7** 1329, 1342–1343
Breaking of bread, first day
- 12. **Heb 10:10–14** 1367, 1544
Christ's single offering sanctifies [A]

Old Testament roots

- 1. **Exod 12:8–14** 1363–1364
Eat the lamb; keep its memorial [T]
- 2. **Gen 14:18; Ps 110:4** 1333, 1350, 1544
Melchizedek: bread and wine [T]
- 3. **Exod 16:4, 15; Ps 78:24–25** 1094, 1334
Manna, bread from heaven [T]
- 4. **Mal 1:11** 1350
Pure offering among the nations [P]
- 5. **Exod 24:8–11** 613, 1365
Covenant blood; a meal before God [T]
- 6. **Exod 25:23–30; Lev 24:5–9**
The Bread of the Presence [T]

Transubstantiation: the substance of bread and wine becomes Christ's Body and Blood; appearances remain (1376). The Mass makes his one sacrifice present sacramentally (1364–1367); Heb 10 affirms its once-for-all sufficiency.

Penance

Sins forgiven by apostolic ministry

- 1. **John 20:21–23** 976, 1441, 1461
Receive the Spirit; forgive or retain sins
- 2. **Matt 16:19; 18:18** 553, 1444
Bind and loose
- 3. **2 Cor 5:18–20** 1442, 1461
The ministry of reconciliation
- 4. **Matt 9:6–8** 1441
The Son of Man has power to forgive
- 5. **Jas 5:16** 1455–1458
Confess your sins to one another
- 6. **1 John 1:8–9** 1425, 1847
If we confess, he forgives
- 7. **Luke 15:11–32** 1439
Prodigal son restored [A]
- 8. **Acts 19:18** 1455
Believers confess their deeds

Old Testament roots

- 1. **Ps 51** 1428, 1430–1432
Contrition and pardon
- 2. **2 Sam 12:13** 1441
Nathan declares David forgiven
- 3. **Joel 2:12–13; Isa 1:16–18** 1430
Rend hearts; sins washed clean
- 4. **Lev 5:5–6** 1455
Confess the sin, then the offering [T]
- 5. **Hos 14:1–2** 1431
Return to God; ask him to forgive

Christ absolves through apostolic ministry (1442, 1461). Moved by grace, the penitent offers contrition, confession and satisfaction; God forgives through the Church (1448).

Anointing of the Sick

Healing and pardon in serious illness

- 1. **Jas 5:14–15** 1510–1511, 1516, 1526
Elders anoint; sins forgiven
- 2. **Mark 6:13; Matt 10:8** 1506, 1509, 1511
The Twelve sent to heal; anoint with oil
- 3. **Mark 16:17–18** 1507
Hands on the sick; they recover [A]
- 4. **Col 1:24** 1508, 1521
Suffering with Christ for his Body [A]

Old Testament roots

- 1. **Isa 53:4–5** 1505
He bore our infirmities [P]

Christ grants strength, peace and union with his Passion, and bodily healing when conducive to spiritual salvation (1532).

Holy Orders

Apostolic ministry through laying on of hands

- 1. **1 Tim 4:14** 1556
Gift given through laying on of hands
- 2. **2 Tim 1:6** 1590
Rekindle the gift through my hands
- 3. **Luke 22:19; 1 Cor 11:24–25** 611, 1341
Do this: apostolic Eucharistic ministry
- 4. **John 20:21–23** 1087, 1120
As the Father sent me, I send you
- 5. **Mark 3:13–19** 551, 1577
Christ chooses the Twelve
- 6. **Acts 6:6; 13:1–3** (6:6) 1538, 1573
6:6: prayer and hands laid; 13:1–3: mission commissioning [A]
- 7. **Eph 4:11–13** 1575
Christ gives pastors to build his body
- 8. **Acts 20:17, 28** 861, 1558
The Spirit made them overseers
- 9. **Acts 1:20–26** 861–862
Another receives the apostolic office
- 10. **Acts 14:23** 1575–1576
Elders appointed in every church
- 11. **Titus 1:5** 1590
Appoint elders in every town
- 12. **2 Tim 2:2** 77, 861
Paul to Timothy to teachers to others
- 13. **1 Tim 3:1–13** 1590, 1554
Bishops and deacons: the office
- 14. **1 Tim 5:22** 1578
Not hasty in laying on hands
- 15. **Rom 15:15–16** 1070, 1564
Paul's priestly service of the Gospel
- 16. **Heb 5:1–10; 7:23–28** 1544–1545
Christ's unique, enduring priesthood
- 17. **1 Pet 2:5, 9** 1546–1547
Common priesthood of the baptized

Old Testament roots

- 1. **Exod 28:1; 29:7–9; Lev 8:12** 1150, 1539
Aaronic priesthood instituted [T]
- 2. **Num 11:16–25** 1541
Moses shares the Spirit with elders [T]
- 3. **Num 27:18–23; Deut 34:9** 1150, 1538
Hands on Joshua: succession [T]
- 4. **Gen 14:18; Ps 110:4** 1333, 1544
Priest after Melchizedek [T]

Common and ministerial priesthood share Christ's one priesthood, differing in essence and ordered to each other (1545–1548).

Matrimony

One flesh, indissoluble — an image of Christ and the Church

- 1. **Matt 19:4–6** 1605, 1614, 2364
What God joined, none separate
- 2. **Matt 5:31–32; 19:9; Mark 10:2–12; Luke 16:18** 1614, 1650, 2382
Divorce and remarriage: adultery
- 3. **Eph 5:25–32** 1616–1617, 1641
Spousal love images Christ and Church
- 4. **1 Cor 7:10–11** 1649, 2382
Remain unmarried or be reconciled
- 5. **John 2:1–11** 1613
Christ blesses the wedding at Cana [A]
- 6. **1 Cor 7:39; Rom 7:2–3** 1638, 2382
Marriage binds for the lifetime of a spouse
- 7. **Heb 13:4** 1646, 2380
Let marriage be held in honor
- 8. **Rev 19:7–9** 1612
The marriage supper of the Lamb [T]

Old Testament roots

- 1. **Gen 2:24** 1605, 1627, 2335
The two become one flesh
- 2. **Gen 1:27–28** 1604, 1652, 2331
Male and female; be fruitful
- 3. **Mal 2:14–16** 1611
Covenant fidelity; God rejects divorce
- 4. **Hos 2:19–20** 1611
I will betroth you forever [P]
- 5. **Tob 8:4–9** 1611, 2361
Tobias and Sarah's prayer
- 6. **Song 8:6–7** 1611
Love strong as death

Christ gives spouses grace for faithful, fruitful and enduring love (1641–1642). A valid, consummated sacramental bond lasts until death (1640, 2382). A declaration of nullity recognizes that a valid marriage never existed (1629).

Peter & the Papacy

Church authority — the keys and Peter's primacy

- 1. **Matt 16:18–19** 552–553, 869, 881
Rock, keys, bind and loose
- 2. **John 21:15–17** 553, 881
Feed my sheep
- 3. **Luke 22:31–32** 552
Strengthen your brothers
- 4. **Matt 18:18** 553, 1444
Binding given to the apostles
- 5. **Matt 18:15–17** 1445
Tell it to the Church
- 6. **Heb 13:17** 1269
Obey pastors who guard souls
- 7. **Matt 23:2–3** 2034
Moses' seat: authority of office [A]
- 8. **Luke 10:16** 87, 862
Who hears you hears me
- 9. **Acts 15:7–12, 22–28** 880–884
Peter teaches; council decides together
- 10. **Acts 2:14** 552, 767
Peter speaks for the Eleven
- 11. **Acts 1:15–26** 642
Peter leads in filling the vacant office
- 12. **Acts 10:34–48** 761, 1226
Peter opens the door to Gentiles [A]
- 13. **Acts 5:1–11**
Peter's authority: Ananias [A]
- 14. **Gal 1:18**
Paul visits Cephas for fifteen days [A]
- 15. **John 1:42** 552
Renamed Cephas at first meeting [A]
- 16. **Matt 10:2** 552
Peter listed first [A]

— Old Testament roots —

- 1. **Isa 22:20–22** 553
Key of David: an office that passes [T]

Peter's pastoral office **continues in his successors** (881–882). Infallibility protects definitive faith and morals under the conditions of CCC 891; personal holiness remains a pope's calling.

Sacred Tradition

The faith received and handed on by the apostles

- 1. **2 Thess 2:15; 3:6** 78, 83
Hold fast: apostolic word and letter
- 2. **1 Tim 3:15** 171
Church: pillar and bulwark of truth
- 3. **1 Tim 6:20; 2 Tim 1:13–14** 84
Guard the deposit entrusted
- 4. **Jude 3** 171, 93
The faith once for all delivered
- 5. **1 Cor 11:2** 83
Maintain the traditions delivered
- 6. **2 Tim 2:2** 77
Entrust to faithful men
- 7. **1 Cor 15:1–3** 78
I delivered what I received
- 8. **Acts 15:28; 16:4** 85, 2032
To the Spirit and to us
- 9. **John 16:12–13** 91
The Spirit guides into all truth
- 10. **Matt 28:18–20** 860
With you always: the Church endures
- 11. **1 Thess 2:13** 104
Received as the word of God
- 12. **Acts 8:30–31** 119
Unless someone guides me [A]
- 13. **2 Pet 3:15–16** 105, 112–114, 119
Paul's letters can be distorted [A]
- 14. **2 Tim 3:14–17** 105–107
Inspired Scripture equips for good works
- 15. **2 Pet 1:20–21** 105–107
Prophecy comes through the Spirit [A]
- 16. **Luke 1:1–4; John 21:25** 76, 126
Oral witness precedes written Gospels [A]
- 17. **Heb 11:35 (2 Macc 7)** 120 (canon)
Echo of Maccabean martyrdom [A]

— Old Testament roots —

- 1. **Deut 17:8–13** 85, 2034
Priests' rulings are binding [T]
- 2. **Neh 8:8**
Levites give the sense of the Law [T]
- 3. **Mal 2:7** 1540
Instruction from the priest's lips [T]
- 4. **Wis 2:12–20** 120
Righteous sufferer: echo in Matt 27:43 [A]

Apostolic Tradition conveys the canon (120); biblical echoes show reception. The Magisterium serves God's word (86).

Justification & Merit

By grace, through faith working in love

- Grace & living faith**
- 1. **Eph 2:8–10** 1996, 2008–2010
By grace; created for good works
- 2. **Rom 3:23–28** 1992
Justified by his grace as a gift
- 3. **1 Cor 6:11** 1227, 1987
Washed, sanctified, justified
- 4. **2 Pet 1:4** 1996
Grace: sharing in the divine nature
- 5. **Gal 5:6** 1814–1815
Faith working through love
- 6. **Phil 2:12–13** 1949, 2001
Work out salvation; God works in you
- 7. **Jas 2:17, 24–26** 1815
Living faith acts; faith alone cannot justify
- 8. **1 Cor 13:2** 1826
Faith without love is nothing

Merit & perseverance

- 1. **Matt 25:31–46** 1033, 1039, 2447
Judged by works of mercy
- 2. **Rom 2:6–7, 13** 682, 2016
God repays deeds; doers are justified
- 3. **Matt 7:21; 19:16–17** 2052, 2826
Enter life by doing the Father's will
- 4. **John 15:1–6** 1988, 2074
Abide and bear fruit; branches can wither
- 5. **2 Cor 5:10; Rev 22:12** 682, 1021
Christ judges and repays our deeds
- 6. **1 Cor 3:8** 2006–2011
Wages according to labor
- 7. **1 Cor 9:24–27** 2015–2016
Run to win; persevere [A]
- 8. **Rom 11:22; Gal 5:4; Heb 10:26–29** 162, 1855–1856
Grace can be forfeited; persevere

— Old Testament roots —

- 1. **Gen 15:6** 146
Reckoned as righteousness
- 2. **Ezek 36:26–27** 715, 1989
New heart; grace to obey [P]
- 3. **Ezek 18:24–28** 1855–1856
Turn from sin and live; fidelity matters

No one merits initial justification. In Christ, acts of love enabled by grace merit growth in holiness and eternal life (2008–2010). Perseverance is his gift (2016).

Purgatory

Final purification before the vision of God

- 1. **1 Cor 3:11–15** 1031
Work tested; saved as through fire
- 2. **Rev 21:27** 1030
Nothing unclean shall enter
- 3. **Heb 12:14, 23** 1030, 1024
Holiness; righteous spirits made perfect
- 4. **Matt 12:31–32** 1031
Future forgiveness inferred from Jesus' words [A]
- 5. **2 Tim 1:16–18** 1032
Mercy on the last day; death inferred [A]
- 6. **1 John 5:16–17** 1854–1855
Mortal and non-mortal sin distinguished [A]
- 7. **1 Pet 1:6–7** 1031
Faith refined by fire [A]
- 8. **Matt 5:25–26**
Prison till the last penny [A]
- 9. **Luke 12:47–48** 1860
Accountability varies with knowledge [A]

— Old Testament roots —

- 1. **2 Macc 12:42–45** 958, 1032
Prayer and sacrifice for the dead
- 2. **Wis 3:1–6** 1030–1031
Tried like gold in a furnace [A]
- 3. **2 Sam 12:13–14** 1472–1473
Forgiven, yet consequences remain [A]
- 4. **Job 1:5** 1032
Job offers sacrifice for living children [A]
- 5. **Isa 6:5–7** 208
Lips purified by a burning coal [A]

Those who die in God's grace are saved; those still imperfectly purified are prepared for heaven (1030–1032, 1472–1473). Christ's descent to the dead is distinct (1 Pet 3:18–20; CCC 632–635).

Mary: the Dogmas

Every Marian privilege flows from Christ (487)

- Mother of God**
- 1. **Luke 1:41–45** 495, 2676
Elizabeth names her the mother of her Lord
- 2. **Luke 1:35** 466, 495, 723
Her child is the Son of God
- 3. **Gal 4:4** 488
God sent his Son, born of a woman
- Immaculate Conception**
- 1. **Luke 1:28, 47** 490–493
Full of grace; God is her Savior
- 2. **Gen 3:15** 410–411
The Woman and her seed oppose the serpent [P]
- 3. **Luke 1:38** 494
New Eve: her yes answers Eve's no [T]

Perpetual virginity

- 1. **Luke 1:34** 484, 499
Her question fits a virginal commitment [A]
- 2. **Isa 7:14; Matt 1:18–25** 497
The virgin shall conceive [P]
- 3. **Matt 13:55; 27:56** 500
James and Joseph: another Mary's sons [A]
- 4. **Gen 13:8; 29:15** 500
Hebrew "brother" can mean kin [A]
- 5. **Num 30:3–16** 2102
Binding vows within marriage [A]

Assumption & queenship

- 1. **Rev 11:19–12:5** 966, 972, 2853
Ark and crowned Woman: Mary and Church [T]
- 2. **Ps 132:8** 966
Ark at rest: Assumption typology [T]
- 3. **1 Kgs 2:19; Ps 45:9** 966
King's mother (1 Kgs); royal bride (Ps) [T]

Mary is Mother of God (495), preserved from original sin by Christ's merits (491–492), ever-virgin (499), and assumed body and soul (966).

Num 30 recognizes binding vows within marriage. A prior vow of virginity is a traditional interpretation of Mary's question in Luke 1:34.

Mary: Ark & Mother

The New Ark and mother of Christ's disciples

- The new Ark**
- 1. **Luke 1:35; Exod 40:34–35** 484, 697
Overshadowed: cloud and tabernacle [T]
- 2. **Luke 1:43; 2 Sam 6:9** 495, 2676–2677
How can the Ark / my Lord's mother come to me? [T]
- 3. **Luke 1:39; 2 Sam 6:2–3** 2676
Arise and go: Judah's hills [T]
- 4. **Luke 1:44; 2 Sam 6:14–16** 523, 717
John and David leap before the Lord [T]
- 5. **Luke 1:40–41, 56; 2 Sam 6:11** 717
Three months; blessing and the Spirit [T]
- 6. **Luke 1:42; Jdt 13:18** 2676
Blessed among women: literary echo [A]
- 7. **Heb 9:4; John 6:51; Heb 4:14; John 1:14** 2676
Manna, rod, tablets / Bread, Priest, Word [T]
- 8. **Exod 25:10–11; 2 Sam 6:6–7** 2130, 2676
Gold-clad Ark; holiness to be revered [T]

Spiritual motherhood

- 1. **John 19:26–27; Rev 12:17** 501, 964, 2853
Behold your mother; her offspring
- 2. **John 2:1–11; Acts 1:14** 969–970, 2618
Mary intercedes and prays with the Church
- 3. **Luke 1:48** 971, 2676
All generations call me blessed

Mary bears Christ himself: these Ark parallels form a cumulative biblical pattern (2676). Her holiness expresses consecration to God.

The Saints

Intercession and veneration — heaven prays for us

- 1. **Rev 5:8; 8:3–4** 956, 2642
Elders and angel present the saints' prayers
- 2. **Heb 12:1, 22–24** 956, 2683
Heavenly assembly; saints made perfect
- 3. **Jas 5:16** 2635
Powerful prayer of the righteous
- 4. **1 Tim 2:1–6** 2634–2636
Prayer for all through the one Mediator
- 5. **Matt 17:1–3** 554–555
Moses and Elijah converse with Jesus [A]
- 6. **Rev 6:9–10** 2642
Heavenly martyrs pray for justice
- 7. **Matt 22:31–32** 993
God of the living, not the dead
- 8. **Acts 19:11–12; 5:15–16** 1674
God heals through apostolic signs [A]
- 9. **John 1:14** 2131
Incarnation grounds sacred images
- 10. **Rev 22:8–9** 2096, 2132
Adoration is for God alone
- 11. **Heb 13:7** 957
Remember leaders; imitate them [A]

— Old Testament roots —

- 1. **2 Macc 15:12–14** 956
Onias and Jeremiah, dead, pray
- 2. **Jer 15:1** 2574, 2577–2578
Moses and Samuel as intercessors [A]
- 3. **Job 42:8** 2634–2635
Job's prayer for his friends [A]
- 4. **Tob 12:12–15** 336
Raphael presents earthly prayers to God
- 5. **2 Kgs 13:20–21; 2:14** 1674
Bones and mantle: God works miracles [A]
- 6. **Exod 25:18–20** 2130
God commands sacred images
- 7. **Num 21:8–9** 2130
God heals via an image he orders
- 8. **2 Kgs 18:4** 2113, 2132
Sacred image removed when made an idol

Saints intercede through Christ (956, 2635). Images honor those represented; adoration belongs to God alone (2132). Relics witness God's power (1674).