

Introduction

Pocket Reference Inserts

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The Seven Sacraments · Doctrine & Dogma

Biblical roots of selected Catholic doctrines. Scripture and Sacred Tradition transmit one deposit of faith (CCC 80–83, 97).
Numbered by reading priority within each block (editorial).
Hooks summarize texts and Catholic readings. Red numbers: related CCC paragraphs.
[T] Typology [P] Prophecy [A] Analogy or indirect support. CCC references are topical; a paragraph need not cite the verse. Read passages in context.
Verse numbering (RSV-CE = NABRE): Joel 2:28–29 = 3:1–2; Ps 45:9 = 45:10; Hos 2:19–20 = 2:21–22; 14:1–2 = 14:2–3; Num 30:3–16 = 30:4–17; 2 Macc 12:45 RSV-CE = 12:45–46 NABRE (CCC 1032 cites 12:46).
Mark 16:9–20: canonical longer ending; textual history disputed.
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Baptism

Regeneration by water and the Spirit

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1. **John 3:5** 1215, 1257 – Born of water and the Spirit
2. **1 Pet 3:20–21** 1094, 1219
Baptism saves through Christ risen
3. **Acts 2:38–39** 1226, 1252, 1262–1263
Baptized; promise to you and children
4. **Titus 3:5** 1215 – The washing of regeneration
5. **Rom 6:3–4** 1227, 628 – Buried and raised with Christ
6. **Acts 22:16** 1226 – Be baptized, wash away your sins
7. **Mark 16:16** 1257 – Believes and is baptized; saved
8. **Gal 3:27**; **1 Cor 12:13** 1243, 1267
Clothed with Christ; made one body
9. **Col 2:11–13** 1227, 527 – Buried, raised, forgiven in Baptism
10. **Eph 5:26** 1228 – Cleansed by washing with water
11. **Matt 28:19** 1223, 1276 – Baptize in the Triune name
12. **Rom 6:12**, **18–19** 402–404, 1250
Adam brings sin; Christ brings life
13. **Acts 16:15**, **33**; **18:8**; **1 Cor 1:16** 1250–1252
Whole households baptized; ages unstated [A]
Old Testament roots
1. **Gen 1:2** 1218 – The Spirit over the waters [T]
2. **Gen 7:17–23** 1094, 1219 – Flood: saved through water [T]
3. **Exod 14:21–31**; **1 Cor 10:1–2** 1094, 1221
Red Sea: Paul's baptism type [T]
4. **2 Kgs 5:14** – Naaman cleansed in the Jordan [T]
5. **Ezek 36:25–27** 1215, 1287
Clean water; new heart; God's Spirit [P]
6. **Gen 17:7–14** 1150
Male infants receive the covenant sign [T]
7. **Lev 14:8–9**; **Num 19:17–19**
Water washes away ritual impurity [T]
Baptism forgives sin and gives new life in Christ (1262–1267).
Infants share its freely given grace; covenant and household texts illuminate this practice (1250–1252).

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Confirmation

Sealed with the gift of the Holy Spirit

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1. **Acts 8:14–17** 1288, 1315 – Baptized; hands laid; Spirit given
2. **Acts 19:5–6** 1288 – Paul lays hands; the Spirit comes
3. **Heb 6:2** 1288 – Laying on of hands: foundational
4. **Acts 2:1–4**, **38** 731, 1287 – Pentecost; the promised gift
5. **2 Cor 1:21–22** 1296 – Anointed and sealed by the Spirit [A]
6. **Eph 1:13**; **4:30** 1296, 1304
Sealed with the promised Spirit [A]
7. **Acts 9:17–18** 699
Hands laid; Spirit promised; Baptism [A]
8. **Acts 10:38** 438, 1289 – Jesus anointed with the Spirit [A]
9. **John 1:32–34** 536, 1286
The Spirit rests on Christ; he baptizes in the Spirit [A]
10. **John 14:16**, **26**; **16:7–15** 692, 729 – The Paraclete promised
11. **Acts 1:8** 1302–1303 – Spirit-given power to bear witness [A]
Old Testament roots
1. **Isa 11:1–3** 536, 712, 1286, 1831
Messiah's Spirit and seven gifts [P]
2. **Joel 2:28–29** 715, 1287 – I will pour out my Spirit [P]
3. **Isa 61:1** 714, 1286 – Anointed by the Spirit of the Lord [P]
4. **1 Sam 10:1**, **6**; **16:13** 436, 695
Kings anointed; Spirit comes [T]
5. **Exod 29:7–9**; **Lev 8:12** 1150
Anointing with oil consecrates [T]
Confirmation deepens baptismal grace and strengthens witness (1285, 1303). The seven gifts follow the Greek/Latin reading of Isa 11:2–3 (1831).

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Eucharist

The Real Presence and the sacrifice of the New Covenant

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1. **John 6:51–69** 1336, 1374, 1384, 1406
Eat his flesh, drink his blood; life; many disciples leave
2. **Matt 26:26–28**; **Mark 14:22–24** 1339, 1376
This is my body; this is my blood
3. **Luke 22:19–20** 611, 1339, 1365 – Given for you; do this
4. **1 Cor 11:23–26** 610, 1339 – Paul hands on the institution
5. **1 Cor 11:27–29** 1385 – Guilty of the body and blood
6. **1 Cor 10:16–17** 1331, 1396
Communion in Christ; one bread, one body
7. **1 Cor 10:18–21** 1382–1383
Israel's altar and the Lord's table [A]
8. **1 Cor 5:7–8** 613, 1364
Christ our Passover; keep the feast [T]
9. **Luke 24:30–31**, **35** 1329
Recognized in the breaking of bread [A]
10. **Heb 13:10** 1182, 1383 – We have an altar [A]
11. **Acts 2:42**; **20:7** 1329, 1342–1343
Breaking of bread, first day
12. **Heb 10:10–14** 1367, 1544
Christ's single offering sanctifies [A]
Old Testament roots
1. **Exod 12:8–14** 1363–1364
Eat the lamb; keep its memorial [T]
2. **Gen 14:18**; **Ps 110:4** 1333, 1350, 1544
Melchizedek: bread and wine [T]
3. **Exod 16:4**, **15**; **Ps 78:24–25** 1094, 1334
Manna, bread from heaven [T]
4. **Mal 1:11** 1350 – Pure offering among the nations [P]
5. **Exod 24:8–11** 613, 1365
Covenant blood; a meal before God [T]
6. **Exod 25:23–30**; **Lev 24:5–9**
The Bread of the Presence [T]
Transubstantiation: the substance of bread and wine becomes Christ's Body and Blood; appearances remain (1376). The Mass makes his one sacrifice present sacramentally (1364–1367); Heb 10 affirms its once-for-all sufficiency.

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Penance

Sins forgiven by apostolic ministry

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1. **John 20:21–23** 976, 1441, 1461
Receive the Spirit; forgive or retain sins
2. **Matt 16:19**; **18:18** 553, 1444 – Bind and loose
3. **2 Cor 5:18–20** 1442, 1461 – The ministry of reconciliation
4. **Matt 9:6–8** 1441 – The Son of Man has power to forgive
5. **Jas 5:16** 1455–1458 – Confess your sins to one another
6. **1 John 1:8–9** 1425, 1847 – If we confess, he forgives
7. **Luke 15:11–32** 1439 – Prodigal son restored [A]
8. **Acts 19:18** 1455 – Believers confess their deeds
Old Testament roots
1. **Ps 51** 1428, 1430–1432 – Contrition and pardon
2. **2 Sam 12:13** 1441 – Nathan declares David forgiven
3. **Joel 2:12–13**; **Isa 1:16–18** 1430
Rend hearts; sins washed clean
4. **Lev 5:5–6** 1455 – Confess the sin, then the offering [T]
5. **Hos 14:1–2** 1431 – Return to God; ask him to forgive
Christ absolves through apostolic ministry (1442, 1461). Moved by grace, the penitent offers contrition, confession and satisfaction; God forgives through the Church (1448).
Anointing of the Sick
Healing and pardon in serious illness
1. **Jas 5:14–15** 1510–1511, 1516, 1526
Elders anoint; sins forgiven
2. **Mark 6:13**; **Matt 10:8** 1506, 1509, 1511
The Twelve sent to heal; anoint with oil
3. **Mark 16:17–18** 1507 – Hands on the sick; they recover [A]
4. **Col 1:24** 1508, 1521 – Suffering with Christ for his Body [A]
Old Testament roots
1. **Isa 53:4–5** 1505 – He bore our infirmities [P]
Christ grants strength, peace and union with his Passion, and bodily healing when conducive to spiritual salvation (1532).

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Holy Orders

One flesh, indissoluble — an image of Christ and the Church

1. **Matt 19:4–6** 1605, 1614, 2364
What God joined, none separate
2. **Matt 5:31–32; 19:9; Mark 10:2–12; Luke 16:18**
1614, 1650, 2382
Divorce and remarriage: adultery
3. **Eph 5:25–32** 1616–1617, 1641
Spousal love images Christ and Church
4. **1 Cor 7:10–11** 1649, 2382
Remain unmarried or be reconciled
5. **John 2:1–11** 1613 – Christ blesses the wedding at Cana [A]
6. **1 Cor 7:39; Rom 7:2–3** 1638, 2382
Marriage binds for the lifetime of a spouse
7. **Heb 13:4** 1646, 2380 – Let marriage be held in honor
8. **Rev 19:7–9** 1612 – The marriage supper of the Lamb [T]

Old Testament roots

1. **Gen 2:24** 1605, 1627, 2335 – The two become one flesh
2. **Gen 1:27-28** 1604, 1652, 2331 – Male and female; be fruitful
3. **Mal 2:14-16** 1611 – Covenant fidelity; God rejects divorce
4. **Hos 2:19-20** 1611 – I will betroth you forever [P]
5. **Tob 8:4-9** 1611, 2361 – Tobias and Sarah's prayer
6. **Song 8:6-7** 1611 – Love strong as death

Christ gives spouses grace for faithful, fruitful and enduring love (1641–1642). A valid, consummated sacramental bond lasts until death (1640, 2382). A declaration of nullity recognizes that a valid marriage never existed (1629).

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By grace, through faith working in love

- ## Grace & living faith

1. **Eph 2:8-10** 1996, 2008-2010
By grace; created for good works
2. **Rom 3:23-28** 1992 – Justified by his grace as a gift
3. **1 Cor 6:11** 1227, 1987 – Washed, sanctified, justified
4. **2 Pet 1:4** 1996 – Grace: sharing in the divine nature
5. **Gal 5:6** 1814-1815 – Faith working through love
6. **Phil 2:12-13** 1949, 2001
Work out salvation; God works in you
7. **Jas 2:17, 24-26** 1815
Living faith acts; faith alone cannot justify
8. **1 Cor 13:2** 1826 – Faith without love is nothing

Merit & perseverance

1. **Matt 25:31-46** 1033, 1039, 2447 – Judged by works of mercy
2. **Rom 2:6-7, 13** 682, 2016
God repays deeds; doers are justified
3. **Matt 7:21; 19:16-17** 2052, 2826
Enter life by doing the Father's will
4. **John 15:1-6** 1988, 2074
Abide and bear fruit; branches can wither
5. **2 Cor 5:10; Rev 22:12** 682, 1021
Christ judges and repays our deeds
6. **1 Cor 3:8** 2006-2011 – Wages according to labor
7. **1 Cor 9:24-27** 2015-2016 – Run to win; persevere [A]
8. **Rom 11:22; Gal 5:4; Heb 10:26-29** 162, 1855-1856
Grace can be forfeited; persevere

- Old Testament roots

1. **Gen 15:6** 146 – Reckoned as righteousness
2. **Ezek 36:26–27** 715, 1989 – New heart; grace to obey [P]
3. **Ezek 18:24–28** 1855–1856
Turn from sin and live; fidelity matters

No one merits initial justification. In Christ, acts of love enabled by grace merit growth in holiness and eternal life (2008–2010). Perseverance is his gift (2016).

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Peter & the Papacy
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Church authority — the keys and Peter's primacy

1. **Matt 16:18–19** 552–553, 869, 881
Rock, keys, bind and loose
2. **John 21:15–17** 553, 881 – Feed my sheep
3. **Luke 22:31–32** 552 – Strengthen your brothers
4. **Matt 18:18** 553, 1444 – Binding given to the apostles
5. **Matt 18:15–17** 1445 – Tell it to the Church
6. **Heb 13:17** 1269 – Obey pastors who guard souls
7. **Matt 23:2–3** 2034 – Moses' seat; authority of office [A]
8. **Luke 10:16** 87, 862 – Who hears you hears me
9. **Acts 15:7–12**, **22–28** 880–884
Peter teaches; council decides together
10. **Acts 2:14** 552, 767 – Peter speaks for the Eleven
11. **Acts 1:5–26** 642 – Peter leads in filling the vacant office
Peter opens the door to Gentiles [A]
12. **Acts 10:34–48** 761, 1226
Peter's authority: Ananias [A]
13. **Acts 5:1–11** – Peter's authority: Ananias [A]
14. **Gal 1:18** – Paul visits Cephas for fifteen days [A]
15. **John 1:42** 552 – Renamed Cephas at first meeting [A]
16. **Matt 10:2** 552 – Peter listed first [A]

Old Testament roots

1. **Isa 22:20–22 553** – Key of David: an office that passes [T]

Peter's pastoral office continues in his successors (881–882). Infallibility protects definitive faith and morals under the conditions of CCC 891; personal holiness remains a pope's call

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Mary: Ark & Mother
The New Ark and mother of Christ's disciples

The new Ark

1. **Luke 1:35**; **Exod 40:34–35** 484, 697

Overshadowed: cloud and tabernacle [T]

2. **Luke 1:43**; **2 Sam 6:9** 495, 2676–2677

How can the Ark / my Lord's mother come to me? [T]

3. **Luke 1:39**; **2 Sam 6:2–3** 2676

Arise and go: Judah's hills [T]

4. **Luke 1:44**; **2 Sam 6:14–16** 523, 717

John and David leap before the Lord [T]

5. **Luke 1:40–41**, 56; **2 Sam 6:11** 717

Three months; blessing and the Spirit [T]

6. **Luke 1:42**; **Jdt 13:18** 2676

Blessed among women: literary echo [A]

7. **Heb 9:4**; **John 6:51**; **Heb 4:14**; **John 1:14** 2676

Manna, rod, tablets / Bread, Priest, Word [T]

8. **Exod 25:10–11**; **2 Sam 6:6–7** 2130, 2676

Gold-clad Ark; holiness to be revered [T]

Spiritual motherhood

1. **John 19:26–27**; **Rev 12:17** 501, 964, 2853

Behold your mother; her offspring

2. **John 2:1–11**; **Acts 1:14** 969–970, 2618

Mary intercedes and prays with the Church

3. **Luke 1:48** 971, 2676 – All generations call me blessed

Mary bears Christ himself: these Ark parallels form a cumulative biblical pattern (2676). Her holiness expresses consecration to God.

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Mary: the Dogmas
Every Marian privilege flows from Christ (487)

Mother of God

1. **Luke 1:41–45** 495, 2676

Elizabeth names her the mother of her Lord

2. **Luke 1:35** 466, 495, 723 – Her child is the Son of God

3. **Gal 4:4** 488 – God sent his Son, born of a woman

Immaculate Conception

1. **Luke 1:28**, 47 490–493 – Full of grace; God is her Savior

2. **Gen 3:15** 410–411

The Woman and her seed oppose the serpent [P]

3. **Luke 1:38** 494 – New Eve: her yes answers Eve's no [T]

Perpetual virginity

1. **Luke 1:34** 484, 499

Her question fits a virginal commitment [A]

2. **Isa 7:14**; **Matt 1:18–25** 497 – The virgin shall conceive [P]

3. **Matt 13:55**; **27:56** 500

James and Joseph: another Mary's sons [A]

4. **Gen 13:8**; **29:15** 500 – Hebrew “brother” can mean kin [A]

5. **Num 30:3–16** 2102 – Binding vows within marriage [A]

Assumption & queenship

1. **Rev 11:19–12:5** 966, 972, 2853

Ark and crowned Woman: Mary and Church [T]

2. **Ps 132:8** 966 – Ark at rest: Assumption typology [T]

3. **1 Kgs 2:19**; **Ps 45:9** 966

King's mother (1 Kgs); royal bride (Ps) [T]

Mary is Mother of God (495), preserved from original sin by Christ's merits (491–492), ever-virgin (499), and assumed body and soul (966). Num 30 recognizes binding vows within marriage. A prior vow of virginity is a traditional interpretation of Mary's question in Luke 1:34.

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Purgatory
Final purification before the vision of God

1. **1 Cor 3:11–15** 1031 – Work tested; saved as through fire

2. **Rev 21:27** 1030 – Nothing unclean shall enter

3. **Heb 12:14**, 23 1030, 1024

Holiness; righteous spirits made perfect

4. **Matt 12:31–32** 1031

Future forgiveness inferred from Jesus' words [A]

5. **2 Tim 1:16–18** 1032

Mercy on the last day; death inferred [A]

6. **1 John 5:16–17** 1854–1855

Mortal and non-mortal sin distinguished [A]

7. **1 Pet 1:6–7** 1031 – Faith refined by fire [A]

8. **Matt 5:25–26** – Prison till the last penny [A]

9. **Luke 12:47–48** 1860

Accountability varies with knowledge [A]

Old Testament roots

1. **2 Macc 12:42–45** 958, 1032

Prayer and sacrifice for the dead

2. **Wis 3:1–6** 1030–1031 – Tried like gold in a furnace [A]

3. **2 Sam 12:13–14** 1472–1473

Forgiven, yet consequences remain [A]

4. **Job 1:5** 1032 – Job offers sacrifice for living children [A]

5. **Isa 6:5–7** 208 – Lips purified by a burning coal [A]

Those who die in God's grace are saved; those still imperfectly purified are prepared for heaven (1030–1032, 1472–1473). Christ's descent to the dead is distinct (1 Pet 3:18–20; CCC 632–635).

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The Saints
Intercession and veneration — heaven prays for us

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1. **Rev 5:8**; **8:3–4** 956, 2642

Elders and angel present the saints' prayers

2. **Heb 12:1**, **22–24** 956, 2683

Heavenly assembly; saints made perfect

3. **Jas 5:16** 2635 – Powerful prayer of the righteous

4. **1 Tim 2:1–6** 2634–2636

Prayer for all through the one Mediator

5. **Matt 17:1–3** 554–555

Moses and Elijah converse with Jesus [A]

6. **Rev 6:9–10** 2642 – Heavenly martyrs pray for justice

7. **Matt 22:31–32** 993 – God of the living, not the dead

8. **Acts 19:11–12**; **5:15–16** 1674

God heals through apostolic signs [A]

9. **John 1:14** 2131 – Incarnation grounds sacred images

10. **Rev 22:8–9** 2096, 2132 – Adoration is for God alone

11. **Heb 13:7** 957 – Remember leaders; imitate them [A]

Old Testament roots

1. **2 Macc 15:12–14** 956 – Onias and Jeremiah, dead, pray

2. **Jer 15:1** 2574, 2577–2578

Moses and Samuel as intercessors [A]

3. **Job 42:8** 2634–2635 – Job's prayer for his friends [A]

4. **Tob 12:12–15** 336

Raphael presents earthly prayers to God

5. **2 Kgs 13:20–21**; **2:14** 1674

Bones and mantle: God works miracles [A]

6. **Exod 25:18–20** 2130 – God commands sacred images

7. **Num 21:8–9** 2130 – God heals via an image he orders

8. **2 Kgs 18:4** 2113, 2132

Sacred image removed when made an idol

Saints intercede through Christ (956, 2635). Images honor those represented; adoration belongs to God alone (2132). Relics witness God's power (1674).

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